



Cabrini. For your total breast cancer care.

As one of the country's largest private providers, Cabrini is a leader in breast cancer surgery and treatment. Cabrini not only offers highly-qualified surgeons, oncologists and state-of-the art equipment, but also access to cancer research trials and genetic testing. As a breast cancer patient at Cabrini, you will receive personalised treatment from a caring and compassionate team who will be with you every step of the way.

About Cabrini Breast Cancer Care

Cabrini's comprehensive breast cancer care service will assist with the coordination of every aspect of your care and provide important information to you and your family – from diagnosis to treatment and recovery.

At Cabrini, our dedicated team of health professionals – surgeons, diagnostic experts, medical and radiation oncologists, breast care nurses, allied health professionals and counsellors – work together to determine the best, individualised treatment plan for you, while at all times being guided by your needs and preferences.

This multidisciplinary approach ensures access to every specialist you need to get the most advanced treatment and support, all within Cabrini. We provide:

- Highly-qualified surgeons, medical/radiation oncologists and dedicated breast care nurses
- Access to clinical trials (if appropriate)
- Free information sessions for patients, families, carers and friends
- Diagnostic facilities including 3D mammogram, Ultrasound, Nuclear Medicine, PET, MRI and CT
- Second opinion service
- Genetic counselling
- Onsite chemotherapy centre (Malvern/Brighton)
- Symptom and Urgent Review Clinic – dedicated clinic you can call or visit to help you with questions you have about your cancer symptoms or side-effects
- Cancer Exercise and Wellness Centre coordinators to assist with diet, exercise and general well-being through your treatment
- Scalp cooling technology to reduce hair loss during chemotherapy treatment
- Comprehensive support services including allied health services (physiotherapy, exercise physiology, psychology, dietetics) and support groups and programs (see additional services section for more details)



Coordinated care, tailored for you

As a breast cancer patient at Cabrini, you can be assured you will have access to personalised, supportive care during treatment, rehabilitation and recovery.

Once your doctor refers you to the Cabrini Breast Cancer Care service, and before your treatment begins, you will be partnered with a breast care nurse.

Cabrini's specialised breast care nurses will assist with the coordination of your care and provide important information to you and your family every step of the way.

They can assist with referrals support, advice and information about treatment and processes. They can also help to connect you with other members of the team, such as a dietitian, psychologist or lymphoedema physiotherapist.

Cabrini's breast care nurses are available for free consultation before, during and after treatment.

Additional services

We offer a Breast Cancer Rehabilitation Program and a Living Well with Secondary Breast Cancer Program. These eight-week exercise and education programs provide specialist support for people with breast cancer. Inclusive of an initial appointment with a rehabilitation physician and a physiotherapist, patients receive a customised exercise program to be completed under specialist supervision.

Both programs encourage participants to openly discuss and ask questions about possible treatment side-effects, fatigue management, return to work strategies and issues of sleep, sexuality and psychological flexibility.

The Maintenance Breast Group Exercise Program is specifically designed for those who have completed the Breast Cancer Rehabilitation Program and would like ongoing support to continue to exercise.

We also offer a number of other support services including:

- Look Good Feel Better program – helps boost confidence and minimise the appearance of treatment side-effects
- Managing Cancer Workshop – an education and support program for people with cancer, their families and friends
- Cabrini wig room – hair stylists will help you choose a wig and will cut it to suit your facial features
- Support groups

Find a Cabrini cancer specialist

Find a surgeon or oncologist via the links below.

For further information about
Cabrini Breast Cancer Care, please visit
www.cabrini.com.au/breastcancer

