

Referral

A doctor's referral is not required to utilise our dietetics service. However any clinical information that can be provided by your health care provider would be beneficial.

Cost

Rebates may be available through your private health insurance. Chronic disease management plans are accepted and Department of Veterans' Affairs (DVA) gold card patients are welcomed.



Further information

Cabrini Allied Health Centre

Level 1
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Malvern Vic 3144

Appointments

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www.cabrini.com.au

64-1019



Dietetics



Cabrini dietetic clinics

We offer a comprehensive range of general and specialist outpatient clinics based at Cabrini Malvern.

These include:

- Lifestyle and nutrition
- Gastrointestinal nutrition
- Diabetes
- Maternity
- Paediatrics
- Oncology



Expert nutrition and dietary advice

Cabrini is a leading provider of dietetic care. We are committed to the delivery of research-proven practice to provide a positive patient experience.

All staff are Accredited Practising Dietitians (APDs) and have the expertise and skills to assess your nutritional needs and provide expert nutrition and dietary advice. We provide a comprehensive range of general and specialist outpatient clinics for a range of conditions including:

Lifestyle and nutrition:

- Weight management
- Healthy eating
- Heart health (including high blood pressure and high cholesterol)
- Vegetarian/vegan diet

Gastrointestinal nutrition:

- Fructose malabsorption / Low FODMAP diet
- Food allergy/intolerances
- Constipation/diarrhoea
- Diverticulitis
- Irritable Bowel Syndrome
- Liver disease
- Inflammatory bowel disease (Ulcerative colitis/Crohn's disease)
- Coeliac disease
- Pre- and post-gastrointestinal surgery
- Pre- and post-weight loss surgery

Diabetes:

- Type 1 Diabetes
- Type 2 Diabetes
- Pre-diabetes (including impaired fasting glucose and impaired glucose tolerance)

Maternity:

- Gestational diabetes
- Pre- and post-natal nutrition
- Nutrition throughout pregnancy

Paediatrics (up to 18 years):

- Faltering growth
- Food aversions/fussy eating
- Food allergy/intolerances
- Weight management

Oncology:

- Advice on optimal nutrition
- Weight management during and post cancer treatments
- Management of treatment related side-effects that can affect your ability to eat and drink including:
 - Nausea/vomiting
 - Constipation/diarrhoea
 - Dry/sore mouth/ulcers
 - Poor appetite/early satiety