# Gastric emptying study

#### What is nuclear medicine?

Nuclear medicine is an imaging modality which uses radioactive tracers to image physiological processes in the body. This allows for functional assessment and imaging of a wide range of systems and organs.

# What is a gastric emptying study?

A gastric emptying study is a test used to investigate the function of the stomach, and is most commonly used to assess the severity of gastroparesis.

# What preparation is required?

You must fast (nothing to eat or drink) for eight hours prior to your first appointment. All laxatives or medicines that affect the stomach should be stopped for three days prior to the study.

#### What is involved?

Further information regarding what is involved in this study will be given to you when an appointment for this test is made. If you have an appointment and would like more information or are unsure of any aspect of the test please contact the nuclear medicine department on the number below.

The test is usually performed first thing in the morning. The test involves eating 'breakfast' with associated imaging for up to four hours.

Please notify staff if you are diabetic, or have an egg or gluten allergy.

# How do I get my results?

Digital images are immediately available to your doctor and your records will be kept permanently. This occurs through a system called PACS. **A report is available within 24 hours.** 

If your referring doctor wants to see you on the day of your examination, please advise the reception staff when you arrive for your appointment, so the appropriate information can be made available to your doctor.

## How much will this cost?

Please ask reception staff of the cost involved at the time of booking your appointment.

### **Important**

It is important to let us know when you make your booking if you are or think you may be pregnant or are breastfeeding.

It is important to bring with you your referral, previous x-rays and any other tests (only if previous ones were **not** done at Cabrini or I-MED).

## Questions

For more information or to make an appointment, please contact Cabrini Medical Imaging using the number below.

